

**On January 1, 2011**, several but not all over-the-counter products will require a prescription to be reimbursed under a Health Care FSA (HSA, MSA, or HRA). This change applies to over-the-counter products containing medicines, except for insulin. However, it is important to note that this change does not apply to all over-the-counter products. There are many products and medical supplies that are still completely reimbursable through an FSA that do not require a prescription and can be purchased with your FSA debit card. Please see the following list and click through to shop these products.

## FSA Eligible Medical Items

That **WILL NOT** Require a Doctor's Prescription in 2011

- ▶ [Bandages and related items \(over-the-counter\)](#)
- ▶ [Blood pressure monitors](#)
- ▶ [Cholesterol meter test kits and supplies](#)
- ▶ [Condoms](#)
- ▶ [Contact lenses, cleaning solutions, etc.](#)
- ▶ [Crutches, canes, walkers or like equipment \(purchase or rental\)](#)
- ▶ [Dentures, bridges, etc.](#)
- ▶ [Diabetic monitors, test kits, strips and supplies](#)
- ▶ [Eye related equipment/materials](#)
- ▶ [Eye glasses \(over-the-counter\)](#)
- ▶ [Family planning products](#)
- ▶ [Fertility monitors \(over-the-counter\)](#)
- ▶ [First aid kits \(over-the-counter\)](#)
- ▶ [Hearing aids and batteries](#)
- ▶ [Incontinence supplies](#)
- ▶ [Insulin test strips, testing materials and supplies](#)
- ▶ [Medical equipment \(for treatment of medical condition\) & repairs](#)
- ▶ [Medical monitoring and testing devices](#)
- ▶ [Athletic Treatments](#)
- ▶ [Monitors & test kits \(over-the-counter\)](#)
- ▶ [Orthopedic and surgical supports](#)
- ▶ [Ovulation monitor \(over-the-counter\)](#)
- ▶ [Pregnancy tests \(over-the-counter\)](#)
- ▶ [Urological products](#)
- ▶ [Walking aids \(canes, walkers, crutches and related supplies\)](#)
- ▶ [Wheelchair and repairs](#)

## FSA Eligible Medical Items

That **WILL** Require a Doctor's Prescription in 2011

- ▶ [Acne treatments](#)
- ▶ [Allergy & sinus medicine and products](#)
- ▶ [Antacids and Digestive Aids](#)
- ▶ [Antibiotic ointment](#)
- ▶ [Anti-fungal and anti-itch products](#)
- ▶ [Aspirin or other pain relievers](#)
- ▶ [Asthma medicines or treatments](#)
- ▶ [Canker & cold sore treatments](#)
- ▶ [Chest rubs](#)
- ▶ [Cold & flu medicines](#)
- ▶ [Corn and callus removers](#)
- ▶ [Cough drops & sore throat lozenges](#)
- ▶ [Cough syrup](#)
- ▶ [Diaper rash ointments and creams](#)
- ▶ [Ear drops & wax removal](#)
- ▶ [Gastrointestinal medications](#)
- ▶ [Glucosamine](#)
- ▶ [Herbal or homeopathic medicines](#)
- ▶ [Laxatives](#)
- ▶ [Lice treatments](#)
- ▶ [Motion & nausea medicines](#)
- ▶ [Nicotine patches and gums](#)
- ▶ [Over-the-counter products for dental, oral and teething pain](#)
- ▶ [Pain relievers for adults and children](#)
- ▶ [Sleep aids](#)
- ▶ [Toothache and teething pain relievers](#)
- ▶ [Wart removal treatments](#)

For information about obtaining a doctor's prescription see below

## Looking to obtain a doctor's prescription for your over-the-counter medicine that will require a doctor's prescription to be reimbursed by your FSA in 2011? 5 helpful steps.

Have you checked our [Eligibility Checker](#) to make sure the product requires a prescription to be reimbursed? Even after 2010, there are still thousands of products that can be purchased with an FSA debit card that do not require a prescription.

1. Visit your local practitioner to obtain a doctor's prescription for the medicine containing product you would want to get reimbursed by your FSA. Or visit our [Find a Doctor](#) section to find a local doctor near you.
2. On the day you receive a prescription for the over-the-counter item (such as Tylenol or Claritin) you can submit receipts to your FSA Administrator. Prescriptions must be dated prior to your purchase, so be sure to get a prescription at your next doctor's visit, even if it is before 2011.
3. For your product to be reimbursed by your FSA you need to provide the prescription or a copy of the prescription and the receipt showing the date of sale to your FSA Administrator for reimbursement via the normal claim process. Many administrators will require you to submit this each time you submit a claim.
4. You cannot use your FSA debit card for these prescription requiring products as the charge will be declined. You must use another form of payment.